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FORZA
GROUP

WELLNESS & SPA TREATMENTS

"Where relaxation meets refinement."



“Your sanctuary of calm, beauty, and balance.”

A SPA is a facility that offers a variety of health, wellness, and beauty treatments designed to relax the body, rejuvenate the mind, and enhance overall well-being. Common spa services include massages, facials, body scrubs, aromatherapy, hydrotherapy, and other holistic treatments.

Massages

Focused Massage

(Duration 30 minutes)

A therapeutic massage that concentrates on one or two specific problem areas to alleviate pain and improve function:

- **Backmassage**
- **Footmassage**

Swedish Massage

(Duration 50 minutes)

A gentle journey into relaxation. Long, flowing strokes ease muscle tension, improve circulation, and calm the nervous system.

Aromatherapy Massage

(Duration 50 minutes)

Essential oils combined with a soothing massage calm the body and uplift the spirit.

Deeptissue Massage

(Duration 50 minutes)

Targeted relief for muscle tension using firm pressure to release chronic knots and restore mobility.

Banana Leaf Massage

The therapist uses banana leaves to stimulate the nerves, improve circulation, and promote overall wellness of both body and mind.

(With warm coconut oil)

Duration:

- **50 minutes**
- **90 minutes (including foot massage)**

Hot Stone Massage

(Duration 50 minutes)

Smooth, heated stones placed on energy points ease muscle tension and promote deep relaxation.

Facial Experience

Experience the precision of BABOR, a globally renowned German skincare brand combining nature-based active ingredients with advanced technology.

Sos Calming Ampoule

(duration 60 minutes)

A 7-day intensive treatment serum designed to soothe stressed, sensitive skin by reducing redness and relieving feelings of tension.

Firming Collagen Experience

(duration 60 minutes)

A sculpting facial using collagen-boosting formulas and a firming massage to lift, tone, and rejuvenate the skin.





Spa Packages

Relax & Renew Package

(duration 120 minutes)

- Swedish Massage
- SOS Calming Ampoule



Relax & Renew Package

(duration 180 minutes)

- Aromatherapy Massage
- Firming Collagen Experience
- Body Scrub

Perfect for: Complete luxury & total renewal